



# Bantam Lake Yacht Club

## 2017 Sailing Lesson Program

### Information Package

Welcome to the BLYC Junior Sailing Program! The Bantam Lake Yacht Club is sponsoring a junior and adult sailing program this summer to teach children and adults to learn to sail and / or race sailboats. Your sailor(s) will have a lot of fun sailing this summer. This package contains program information. We have four Kingfisher dinghies and two Optimist dinghies available for instruction for beginner and intermediate sailors, and collegiate Larks for advanced sailors.

Junior beginner and intermediate lessons will take place Tuesday and Thursday afternoons from 1:00-3:00 and from 3:30-5:30. There will be 2 series of lessons, each of 4 weeks. The first series will begin Tuesday, June 27 and run through Thursday, July 20 (except for July 4). The second series begins Tuesday, July 25 and runs through August 17th. The fee for a 4-week series (8 lessons) is \$250. You may register for either or both. If, because of other commitments and travel, sailors miss a week, they may, within reason, make it up during the summer if there is room. An extra session will be scheduled to make up for the missed lesson on July 4.

There will be a mandatory meeting of all junior sailors and their parents or guardians on the first day of each lesson series to introduce the juniors and parents to the club, to discuss expectations and to pass a swim test.

Lessons are rarely cancelled due to weather. If the weather is bad, there will be indoor discussions on sailing theory, weather, knots, racing strategy or other relevant material.

Private junior lessons will be available at other times for \$50/hour.

Adult lessons are available for \$50/hour. If there is enough adult interest we may have group lessons as well. These will be scheduled with the instructor at mutually convenient times.

Children and adults need to be able to stay afloat, swimming on their own for 10 minutes, to be able to participate. Adults must bring their own, and each child **must** own and wear his or her own personal flotation device (PFD) to be allowed to sail.

If you would like to check out the club and meet members and the instructors, Sunday afternoons are good times to visit. The club is located at #1 Yacht Club Passway, off East Shore Road in Morris, just up the hill from the town of Morris boat launch.



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Please see the program page above for dates, times and fees.

To be signed up to sail, two forms must be completed and sent to our treasurer along with the fee made out to Bantam Lake Yacht Club:

**BLYC, c/o D. Williamson, 211 West Street, Morris, CT 06763.**

The first form is a medical/contact/emergency/release form, which every guardian needs to complete. This helps us to contact you in case of a problem and to understand if there are any special needs or concerns for any of the sailors. There is a space to indicate which session and time you wish.

The second form is our Code of Conduct. We expect every sailor to follow this code while participating at the club. By signing the form, the sailor and his/her guardian agree to follow the code while at the club. This should make the program run smoothly. Non-compliance with the code of conduct will result in the sailor being expelled from the program, will be at the discretion of the instructors or sailing program director and will be final.

Your child will be allowed to sail once the forms are completed and the fee is paid. We cannot have any exceptions to this as it puts the club and the instructors at risk. Your child **must** have a PFD on at all times while on the docks and sailing, again, without exception.

If you wish you may join the club as a family. Members get a discount of 10% on lessons and can use the club during the season. Club membership is \$400/year plus a one-time initiation fee of \$50. You will be able to sail either your own boat, which you can store on the club grounds, or a Kingfisher dinghy, after you are cleared to sail on your own by the instructors. There are picnic tables and a barbecue grill. The clubhouse and its lawn, facilities, restrooms and kitchen are available from May through October.

For more information about the club, contact the secretary at [BLYCsec@gmail.com](mailto:BLYCsec@gmail.com)



# Bantam Lake Yacht Club

## Emergency Medical Information and Release

Circle session  
& time below:

July  
August

1:00  
3:30

Sailor's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_ Parent or guardian's  
Email: \_\_\_\_\_

Person(s) to notify in case of illness, injury, or problem:

Name: \_\_\_\_\_ Phone/Cell: \_\_\_\_\_

Name: \_\_\_\_\_ Phone/Cell: \_\_\_\_\_

Are there any limitations to this sailor's participation in the program?

Are there any medications this sailor takes which we need to hold in the clubhouse or have the instructor know he/she is taking?

Is there anything you would like to tell us about your sailor to help him/her have their best experience?

Sailor's Doctor: \_\_\_\_\_ Phone: \_\_\_\_\_

Hospital preference: \_\_\_\_\_

Medical Insurance Information:

Company: \_\_\_\_\_ Policy #: \_\_\_\_\_

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**Consent:** Consent is hereby given for the sailor to attend Bantam Lake Yacht Club (BLYC) Sailing Program and permission is given for any emergency care which may be necessary.

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

**Liability Release:** I, \_\_\_\_\_, Parent/Guardian of \_\_\_\_\_, hereby acknowledge that I am fully aware of the risks and dangers associated with the sport of sailing and the scope and activities of the participants in the BLYC Sailing Program. I release the BLYC, its officers, directors, members and instructors from all liability associated with an injury or property lost resulting from participation in the program or any event in the program that may happen to the above named sailor. **The sailor and the parent/guardian agree that participation in the program is at the sailor's own risk.**

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Sailor: \_\_\_\_\_ Date: \_\_\_\_\_

Please send completed forms to: BLYC, c/o D. Williamson, 211 West St, Morris, CT, 06763



# Bantam Lake Yacht Club

## Junior Sailing Program

### Ground Rules and Code of Conduct

The primary mission of this program is to produce young sailors who can sail and race competently and safely. Sailors will therefore be taught the following:

- Knowledge of the techniques of sailing required for safe sailing and racing.
- Respect for the water, the environment and the maritime community.

We are committed to fulfilling our mission in a safe and fun program. In this program all junior sailors are encouraged to contribute and are respected as members of a group.

Please take a few minutes to review our program's ground rules and code of conduct and discuss them and sign them with your sailor.

**This form must be signed before your sailor gets on the water. A copy of this form will be posted at the club. Signatures mean that both the parent or guardian and the sailor have read the document and agree to abide by it.**

#### **Ground Rules**

- An approved PFD (life jacket) must be worn at all times on docks and boats.
- No running on the docks.
- No littering on the club grounds or into the water.
- Only instructors may operate machinery or motors.
- Non-marking shoes must be worn on the docks and in boats at all times.
- No swearing or crude language.
- Swimming off the docks, beach or boats is only allowed under the supervision of the instructor.

#### **Code of Conduct**

- Respect all adults and instructors.
- Treat all sailors fairly and with respect.
- Help each other whenever necessary.
- Orders from instructors are to be obeyed immediately and cheerfully. No whining, no arguing, no backtalk.
- Solve disagreements by yourselves. Only involve an adult if you cannot solve your problem yourself.
- Take care of the boats, sails, equipment and club property with the highest respect as if they were your own or your family's.
- Sail safely at all times.
- No drugs, cigarettes or alcohol are allowed in the possession of junior sailors.

Disciplinary action for conduct not in accordance with the program will be at the sole discretion of the Sailing Program Director including non-refundable expulsion.

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Junior Sailor

Parent or Guardian

Date